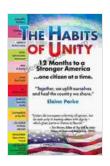
# 12 Months to a Stronger America: One Citizen at a Time



The Habits of Unity: 12 Months to a Stronger America...One Citizen at a Time: Together, we uplift ourselves and heal the country we share





In today's world, it's more important than ever to be an active and engaged citizen. With so many challenges facing our country, we need all hands on deck to make a difference. This guide will provide you with the tools and resources you need to become a more active citizen in your community and country.

# Month 1: Get Involved in Your Community

The first step to becoming an active citizen is to get involved in your community. There are many ways to do this, such as volunteering, joining a club or organization, or attending community events. Volunteering is a great way to give back to your community and make a difference in the lives of others. You can volunteer at a local soup kitchen, homeless shelter, or

animal shelter. There are also many opportunities to volunteer for environmental causes, such as cleaning up local parks or rivers.

Joining a club or organization is another great way to get involved in your community. There are clubs and organizations for all interests, such as sports, hobbies, and social causes. Joining a club or organization is a great way to meet new people, learn new skills, and get involved in activities that you enjoy. Attending community events is another great way to get involved in your community. Community events are a great way to learn about local issues, meet your neighbors, and celebrate your community.

# Month 2: Advocate for Change

Once you're involved in your community, you can start to advocate for change. There are many ways to advocate for change, such as writing to your elected officials, speaking out at public meetings, or organizing protests. Writing to your elected officials is a great way to let them know your concerns and opinions about local, state, and national issues. You can also attend public meetings to speak out about issues that are important to you. If you're passionate about a particular issue, you can organize a protest to raise awareness and demand change.

There are also many organizations that can help you advocate for change. These organizations can provide you with resources and support, and they can help you connect with other people who are working on the same issues. Some of these organizations include the American Civil Liberties Union (ACLU), the Sierra Club, and the National Organization for Women (NOW).

# Month 3: Stay Informed

In order to be an effective citizen, it's important to stay informed about important issues. There are many ways to stay informed, such as reading the news, watching the news, and listening to podcasts. Reading the news is a great way to stay informed about local, state, and national issues. You can read the news online, in newspapers, or in magazines. Watching the news is another great way to stay informed about important issues. You can watch the news on TV, online, or on your phone. Listening to podcasts is a great way to stay informed about specific topics that interest you. There are podcasts on all sorts of topics, such as politics, current events, and history.

It's also important to be critical of the information you consume. Not all news sources are created equal. Some news sources are more biased than others. It's important to be aware of the biases of the news sources you consume and to consider multiple perspectives before forming an opinion.

#### Month 4: Vote

One of the most important things you can do as a citizen is to vote. Voting is your chance to make your voice heard and to choose the leaders who will represent you. It's important to vote in every election, no matter how big or small. Local elections are just as important as national elections. Your vote can make a difference in your community and your country.

If you're not sure how to register to vote, you can find more information on the website of your local election board. You can also find information on voting at the website of the National Association of Secretaries of State.

## Month 5: Run for Office

If you're passionate about making a difference in your community, you should consider running for office. Running for office is a great way to serve your community and to make a real difference. There are many different offices that you can run for, such as city council, school board, or state legislature. Running for office takes a lot of hard work and dedication, but it's also a very rewarding experience.

If you're interested in running for office, you can find more information on the website of your local election board. You can also find information on running for office at the website of the National Association of Secretaries of State.

### Month 6: Serve on a Jury

Serving on a jury is another great way to serve your community. Juries are essential to our justice system. They ensure that people are treated fairly and that the law is upheld. Serving on a jury can be a challenging experience, but it's also a very rewarding one.

If you're called to serve on a jury, you should be proud to do so. It's a great way to give back to your community and to make a real difference.

# **Month 7: Donate to Charity**

Donating to charity is a great way to support the causes you care about and to make a difference in the lives of others. There are many different charities that you can donate to, such as charities that support education, health care, the environment, and the arts. Donating to charity can be a small act, but it can make a big difference.

If you're not sure which charity to donate to, you can do some research online or talk to your friends and family. There are also many websites that can help you find charities that are aligned with your values.

#### Month 8: Be a Good Neighbor

One of the best ways to be an active citizen is to be a good neighbor. Being a good neighbor means being kind, helpful, and respectful to the people who live around you. It also means being aware of your surroundings and being willing to help out when you see someone in need.

There are many ways to be a good neighbor. You can shovel your neighbor's sidewalk, help them with their groceries, or simply say hello when you see them. Being a good neighbor is a great way to build community and to make your neighborhood a better place to live.

#### Month 9: Be a Role Model

One of the most important things you can do as a citizen is to be a role model for others. By being a role model, you can inspire others to be more active and engaged citizens. You can be a role model by volunteering your time, advocating for change, and staying informed about important issues.

You can also be a role model by being a good neighbor and by being kind and respectful to others. By being a role model, you can make a positive difference in the lives of others and help to create a stronger community.

#### Month 10: Be Patient

Becoming an active and engaged citizen takes time. It's important to be patient with yourself and with others. Don't get discouraged if you don't see results right away. Just keep at it and you will eventually make a difference.

There are many ways to be an active and engaged citizen. The most important thing is to find something that you're passionate about and to get involved. By being an active and engaged citizen, you can make a difference in your community and your country.

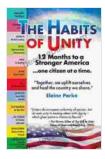
#### Month 11:Celebrate Your Successes

As you work to become a more active and engaged citizen, it's important to celebrate your successes. No matter how small or large, your accomplishments are worth celebrating. Celebrating your successes will help you to stay motivated and to keep moving forward.

There are many ways to celebrate your successes. You can tell your friends and family about your accomplishments, or you can post about them on social media. You can also write a journal entry about your successes or create a scrapbook to document your progress. Celebrating your successes is a great way to stay motivated and to keep moving forward.

## Month 12: Keep Learning and Growing

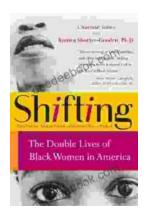
Becoming an active and engaged citizen is a lifelong journey. There is always more to



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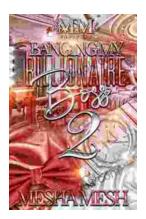






# The Double Lives of Black Women in America: Navigating the Intersections of Race, Gender, and Class

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Chapter 1: The Interview I was nervous. Really nervous. I mean, I was about to interview for my dream job, the one that I had been working towards for years. I had...